

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019 East Wing Activities

**Welcome to February 1**  
**Day**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Catholic Mass (C)  
 1:30 Dice Game (A)  
 2:30 Snack n Yak (A)  
 3:30 Music & More (RR)  
**6:30 Daisy's Visit (CW)**

**Groundhog Day 2**  
 10:00 Seatworks (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 Pairs & Partners (RR)  
 2:30 Refreshments (A)  
 3:00 Sing A Long (RR)  
 4:00 Tune Time (RR)  
 6:00 Saturday Cinema (RR)

**Super Bowl Sunday 3**  
 10:00 Koffee Klatch (DR)  
 10:30 Sunday News (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 Music & Manicures (A)  
 2:30 Sunday Snacks (A)  
 3:00 Trivia (RR)  
 4:00 Sunday Songs (RR)  
 6:00 Sing A Long (RR)

**Working Naked Day 4**  
 10:00 Seatworks (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Rosary & Communion(C)  
 1:30 Color My World (A)  
 2:30 Monday Munchies (A)  
 3:30 Monday Melodies (RR)  
 6:00 Balloon Fun (RR)

**Chinese New Year 5**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Rosary & Communion(C)  
**2:00 Kathy Beck Sings (C)**  
 3:00 Tuesday Treats (RR)  
 3:30 Finish Lines (RR)  
 4:00 Tuesday Tunes (RR)  
 5:30 Target Game (RR)

**Moustache Day 6**  
 10:00 Sit & Be Fit (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 BINGO (RR)  
 2:30 Snack n Yak (RR)  
 3:30 Music with Richard (RR)  
 6:00 Movie & Snack (RR)

**Single Day 7**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Rosary & Communion(C)  
 1:15 Protestant Service (NH)  
**2:00 Vinnie Sings! (C)**  
 3:00 Coffee Café (CC)  
 4:00 Easy Listening (RR)  
 6:00 Bean Bag Toss (RR)

**Feed the Birds Day 8**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 Card Game (A)  
 2:30 Cookies & Conversation  
 3:30 Music & Fun (RR)  
 6:00 Tossing Game (RR)

**Fingerprint Day 9**  
 10:00 Light 'n Lively (RR)  
 10:30 News Briefs (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 Dice Game (A)  
 2:30 Tea Time (A)  
 3:00 Sing A Loong (RR)  
 4:00 Easy Listening (RR)  
 6:00 Saturday Cinema (RR)

**Wear Red Day 10**  
 10:00 Koffee Klatch (DR)  
 10:30 Sunday News (RR)  
 11:00 Catholic Mass (C)  
 1:30 Jackpot (A)  
 2:30 Sunday Snacks (A)  
 3:00 Word Game (RR)  
 4:00 Sunday Songs (RR)  
 6:00 Sing A Long (RR)

**Dog Show Day 11**  
 10:00 Light 'n Lively (RR)  
 10:30 News Briefs (RR)  
 11:00 Prayers & Meditation (C)  
**2:00 Scott Sings! (C)**  
 3:00 Monday Munchies (RR)  
 3:30 Monday Melodies (RR)  
 6:00 Tossing Game (RR)

**Grouch Day 12**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Catholic Mass (C)  
 1:30 Dice Game (A)  
 2:30 Tuesday Treats (A)  
 3:00 Sing A Long (RR)  
 4:00 Tuesday Tunes (RR)  
 6:00 Aim for the Star (RR)

**French Chef Day 13**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 Cool Cooking (A)  
 2:30 Refreshments (A)  
 3:30 Music & More (RR)  
 6:00 Movie & Snack (RR)

**Valentine's Day 14**  
 10:00 Sit & Be Fit (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Rosary & Communion(C)  
**1:30 Robin Grandin Sings (C)**  
 3:00 Coffee Café (CC)  
 4:00 Tune Time (RR)  
 6:00 Ping Pong Basketball (RR)

**Fantasy Friday 15**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Catholic Mass (C)  
 1:30 Word Game (RR)  
 2:30 Snack & Yak (A)  
 3:30 Music with Richard (RR)  
 6:00 Bean Bag Toss (RR)

**Snack Food Saturday 16**  
 10:00 Seatworks (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 Color My World (A)  
 2:30 Make A Snack (DR)  
 3:00 Sing A Long (RR)  
 4:00 50s Music (RR)  
 6:00 Saturday Cinema (RR)

**World Whale Day 17**  
 10:00 Koffee Klatch (DR)  
 10:30 Sunday News (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 Manicures & Music (A)  
 2:30 Sunday Snacks (A)  
 3:00 Sing A Long (RR)  
 4:00 Sunday Songs (RR)  
 6:00 Target Game (RR)

**U.S. Presidents' Day 18**  
 10:00 Seatworks (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 Color My World (A)  
 2:30 Monday Munchies (A)  
 3:30 Monday Melodies (RR)  
 6:00 Balloon Fun (RR)

**Full Snow Moon 19**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Rosary & Communion(C)  
**1:30 Watercolor with Dan (A)**  
 2:30 Tuesday Treats (A)  
 3:00 Sing A Long (RR)  
 4:00 Tuesday Tunes (RR)  
 6:00 Tossing Game (RR)

**Spud Day 20**  
 10:00 Seatworks (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation(C)  
 1:30 BINGO (A)  
 2:30 Snack n Yak (A)  
 3:30 Music & Fun (RR)  
 6:00 Movie & Snack (RR)

**Tall Tale Thursday 21**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Rosary & Communion(C)  
 1:15 Protestant Service (C)  
**2:00 Sing with Robin (RR)**  
 3:00 Coffee Café (CC)  
 4:00 Easy Listening (RR)  
 6:00 Bean Bag Toss (RR)

**Blue Jeans Day 22**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Rosary & Communion(C)  
 1:30 Dice Game (A)  
 2:30 Refreshments (A)  
 3:30 Music with Richard (RR)  
 6:00 Balloon Fun (RR)

**Fairy Tale Day 23**  
 10:00 Light 'n Lively (RR)  
 10:30 News Briefs (RR)  
 11:00 Prayers & Meditation ©  
 1:30 Finish Lines (RR)  
 2:30 Beverage Break (RR)  
 3:00 Sing A Long (RR)  
 6:00 Saturday Cinema (RR)

**Chocolate Mint Day 24**  
 10:00 Koffee Klatch (DR)  
 10:30 Sunday News (RR)  
 11:00 Catholic Mass (C)  
 1:30 Jackpot (A)  
 2:30 Sunday Snacks (A)  
 3:00 Sing A Long (RR)  
 4:00 Sunday Songs (RR)  
 6:00 Target Game (RR)

**Make-Believe Mondays 25**  
 10:00 Light 'n Lively (RR)  
 10:30 News Briefs (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 Junk Drawer Detective (A)  
 2:30 Monday Munchies (A)  
 3:30 Monday Melodies (RR)  
 6:00 Tossing Game (RR)

**Go Green Day 26**  
 10:00 Exercise (RR)  
 10:30 In the News (RR)  
 11:00 Catholic Mass (C)  
**2:00 Bobby & Helen Lebel (C)**  
 3:00 Tuesday Treats (RR)  
 3:30 Trivia Time (RR)  
 4:00 Tuesday Tunes (RR)  
 6:00 Hoop Toss (RR)

**Whale of a Wednesday 27**  
 10:00 Sit & Be Fit (RR)  
 10:30 Daily Chronicles (RR)  
 11:00 Prayers & Meditation (C)  
 1:30 Craft Hour (A)  
 2:30 Refreshments (A)  
 3:30 Music with Richard (RR)  
 6:00 Movie & Snack (RR)

**Short Day 28**  
 10:00 Sittercize (RR)  
 10:30 Current Events (RR)  
 11:00 Rosary & Communion(C)  
 1:30 Trivia Time (RR)  
 3:00 Coffee Café (CC)  
 3:30 Sing A Long (RR)  
 6:00 Balloon Fun (RR)

**Location Key**  
 A – Alden Room SS – Soda Shop DR – Dining Room CC - Center Circle  
 NH – New Haven Room CY - Courtyard  
 B – Brewster Room C -Chapel  
 RR – Rose Room P – Patio  
 CO – Community Outing  
 WW – Wing Wide CG – Community Grounds  
 CW - Community Wide PR – Plymouth Room  
 Sam Hill -Activity Director Activity programs are run by one of the Activity Assistants or the RCA Staff