

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2019 East Wing Activities</p>		<p>New Year's Day 1 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Catholic Mass (C) 1:30 Dice Game (A) 2:30 Tuesday Treats (A) 3:00 Sing A Long (RR) 6:00 Begins with....</p> <p><small>New Year's Day</small></p>	<p>Slow Down Day 2 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Rosary & Communion (C) 1:30 Jackpot (A) 2:30 Snack n Yak (A) 3:30 Music & Fun (RR) 6:00 Movie & Snack (RR)</p>	<p>Festival of Sleep Day 3 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion © 1:30 Card Game (A) 3:00 Coffee Café (CC) 4:00 Easy Listening (RR) 6:00 Sing A Long (RR)</p>	<p>Trivia Day 4 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Catholic Mass (C) 1:30 Dice Game (A) 2:30 Refreshments (A) 3:30 Music & More (RR) 6:00 Hoop Toss (RR)</p>	<p>Twelfth Night 5 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Prayers & Meditation (C) 1:30 Color My World (A) 2:30 Cookies & Conversation 3:00 Sing A Long (RR) 4:00 Big Band Sounds (RR) 6:00 Saturday Cinema (RR)</p>
<p>Epiphany 6 10:00 Koffee Klatch (DR) 10:30 Sunday News (RR) 11:00 Prayers & Meditation © 1:00 Buffalo Bills VS Jets (RR) 2:30 Halftime Snacks (RR) 4:00 Sunday Songs (RR) 6:00 Sing A Long (RR)</p>	<p>Cookbook Day 7 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion(C) 1:30 Cool Cooking (A) 2:30 Monday Munchies (A) 3:30 Monday Melodies (RR) 6:00 Bean Bag Toss (RR)</p>	<p>Bubble Day 8 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Rosary & Communion(C) 1:30 Watercolor with Dan (A) 2:30 Tuesday Treats (A) 3:00 Sing A Long (RR) 4:00 Tuesday Tunes (RR) 6:00 Balloon Fun (RR)</p>	<p>Wacky Wardrobe 9 Wednesday 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion(C) 1:30 BINGO (A) 2:30 Snack n Yak (A) 3:30 Music & More (RR) 6:00 Movie & Snack (RR)</p>	<p>Popeye Day 10 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Rosary & Communion (C) 1:15 Protestant Service (C) 2:00 Bob V. Sings (C) 3:00 Coffee Café (CC) 4:00 Tune Time (RR) 6:00 Sing A Long (RR)</p>	<p>Weird Foods Friday 11 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion (C) 1:30 Card Game (A) 2:30 Refreshments (RR) 3:30 Music & Fun (RR) 6:00 Target Game (RR)</p>	<p>Dozen Day 12 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Prayers & Meditation (C) 1:30 Color My World (A) 2:30 Cookies & Chat (A) 3:00 Sing A Long (RR) 4:00 Easy Listening (RR) 6:00 Saturday Cinema (RR)</p>
<p>Hot Tea Day 13 10:00 Koffee Klatch (DR) 10:30 Sunday News (RR) 11:00 Catholic Mass (C) 1:30 Manicures & Music (A) 2:30 Sunday Snacks (A) 3:00 Sing A Long (RR) 4:00 Sunday Songs (RR) 6:00 Ring Toss (RR)</p>	<p>Circle Story Day 14 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Rosary & Communion © 1:30 Dice Game (RR) 2:30 Monday Munchies (RR)) 3:30 Monday Melodies (RR) 6:00 Balloon Fun (RR)</p>	<p>Soup Swap Day 15 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Catholic Mass (C) 1:30 Good News Minstrels (C) 2:30 Tuesday Treats (RR) 3:00 Trivia (RR) 4:00 Tuesday Tunes (RR) 6:00 Bean Bag Toss (RR)</p>	<p>Word Nerd Wednesday 16 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Rosary & Communion (C) 2:00 Music with Joe Head (C) 3:00 Refreshments (A) 3:30 Music & Fun (RR) 6:00 Movie & Snack (RR)</p>	<p>Just Popping Day 17 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion (C) 1:30 Card Game (A) 2:30 Snack n Yak (RR) 3:00 Coffee Café (CC) 4:00 Easy Listening (RR) 6:00 Sing A Long (RR)</p>	<p>Molasses Flood Friday 18 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Catholic Mass (C) 1:30 Jackpot (A) 2:30 Refreshments (RR) 3:30 Music & More (RR) 6:00 Target Game (RR)</p>	<p>S'mores Saturday 19 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Prayers & Meditation (C) 1:30 Cool Cooking (DR) 2:30 Taste Test (RR) 3:00 Sing A Long (RR) 4:00 Tune Time (RR) 6:00 Saturday Cinema (RR)</p>
<p>Granola Day 20 10:00 Koffee Klatch (DR) 10:30 Sunday News (RR) 11:00 Prayers & Mediation (C) 1:30 Dice Game (A) 2:30 Sunday Snacks (A) 3:00 Sing A Long (RR) 4:00 Sunday Songs (RR) 6:00 Bean Bag Toss (RR)</p>	<p>Wolf Moon 21 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion© 1:30 Begins With (RR) 2:30 Monday Munchies (RR) 3:30 Monday Melodies (RR) 6:00 Tossing Game (RR)</p> <p><small>Martin Luther King Day Tu B'Shevat</small></p>	<p>Tone it Up Tuesday 22 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Rosary & Communion(C) 2:00 Brian Beaudry Sings (C) 3:00 Tuesday Treats (RR) 3:30 Finish Lines (RR) 4:00 Tuesday Tunes (RR) 6:00 Ring Toss (RR)</p>	<p>A Day to "Wine" About 23 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion(C) 1:30 Dice Game (A) 2:30 Snack n Yak (A) 3:30 Music & Fun (RR) 6:00 Movie & Snack (RR)</p>	<p>Opposite Day 24 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Rosary & Communion (C) 1:15 Protestant Service (C) 2:00 Opposites (RR) 3:00 Coffee Café (CC) 4:00 Tune Time (RR) 6:00 Balloon Fun (RR)</p>	<p>Paint a Pollock Day 25 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion (C) 2:00 Alyn Syms Plays (C) 2:30 Cookies & Conversation 3:30 Music with Richard (RR) 6:00 Ping Pong Basketball (RR)</p>	<p>Spare Day 26 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Prayers & Meditation © 1:30 Card Game (A) 2:30 Refreshments (A) 3:00 Sing A Long (RR) 4:00 Easy Listening (RR)) 6:00 Saturday Cinema (RR)</p>
<p>Pro Bowl 27 10:00 Koffee Klatch (DR) 10:30 Sunday News (RR) 11:00 Catholic Mass (C) 1:30 Manicures & More (A) 2:30 Sunday Snacks (RR) 3:00 Finish Lines (RR) 4:00 Sunday Songs (RR) 6:00 Sing A Long (RR)</p>	<p>Marshmallow Monday 28 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Rosary & Communion (C) 1:30 Cool Cooking (A) 2:30 Taste Test (A) 3:30 Monday Melodies (RR) 6:00 Monday Movie (RR)</p> <p><small>Australia Day (observed)</small></p>	<p>Tea and Trivia Tuesday 29 10:00 Sittercize (RR) 10:30 In the News Today (RR) 11:00 Catholic Mass (C) 1:30 Trivia Time (RR) 2:30 Tuesday Treats (RR) 3:00 Sing A Long (RR) 4:00 Tuesday Tunes (RR) 6:00 Target Game (RR)</p>	<p>Strange Socks Day 30 10:00 Exercise (RR) 10:30 Current Events (RR) 11:00 Prayers & Meditation (C) 1:30 Sock Craft (A) 2:30 Refreshments (A) 3:30 Music with Richard (RR) 6:00 Movie & Snack (RR)</p>	<p>Backward Day 31 10:00 Seatworks (RR) 10:30 Daily Chronicles (RR) 11:00 Rosary & Communion (C) 1:30 Sing A Long (RR) 3:00 Coffee Café (CC) 4:00 Easy Listening (RR) 6:00 Tossing Game (RR)</p>	<p>Location Key A – Alden Room SS – Soda Shop DR – Dining Room CC - Center Circle NH – New Haven Room CY - Courtyard B – Brewster Room C -Chapel RR – Rose Room P – Patio CO – Community Outing WW – Wing Wide CG – Community Grounds CW - Community Wide PR – Plymouth Room Sam Hill -Activity Director Activity programs are run by one of the Activity Assistants or the RCA Staff</p>	